MONTHLY MONITOR CHART ™ **ACTIVITIES** 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | Goal Review A.M. Noon P.M. I recognize and praise I visualize and use imagery I talk positively to myself I am an empathetic listener I am patient and I probe Goal #1 _____ Actions 1. _____ Goal #2 _____ Actions 1. _____ Goal #3 _____ Actions 1. _____